

GOLD COAST'S LONGEST-RUNNING HBOT FACILITY

Your HBOT & Integrated Care Pricing Guide

A realistic guide to what your program is likely to look like

Up to 3 ATA

Pressure

100%

Medical O₂

Est. 2011

Gold Coast

INSIDE THIS GUIDE

- ✓ How we build pathways, not just hour-for-hour bookings
- ✓ Why chamber quality changes the HBOT experience
- ✓ HBOT investment and program pricing
- ✓ Pricing for integrated care services
- ✓ DIRTS: mapping your body's patterns
- ✓ Questions to ask any HBOT facility

We Build Pathways, Not Just Hours.

Most HBOT and wellness centres will book you in, charge you by the hour, and leave you to work out the rest. That approach works if you already know exactly what you need.

We work differently. Every client at Oxygen4Life starts with a clinical assessment. One of our practitioners reviews your history, your goals, and the context you are working within. From there, they design a tailored pathway based on what they consider appropriate for your situation. This may include HBOT on its own, or HBOT combined with other services from our integrated clinic.

Your pathway is sequenced, layered, and structured for coherence. It is reviewed and adjusted as you progress. What we have set out in this guide is an honest framework so you can make an informed decision before you pick up the phone.

One thing to say upfront

If price is your number one factor, Oxygen4Life is probably not the right fit. We are not set up to compete on cost with high-volume, low-pressure operators. We are set up to work with people who want a structured, clinically-assessed approach to their health. That takes a different kind of commitment on both sides. If that sounds right for where you are at, read on.

WHAT A PATHWAY INCLUDES

- **Clinical assessment**

A full review with one of our practitioners before any treatment begins.

- **Tailored protocol**

A program sequenced around your specific profile, not a standard package.

- **Coordinated integrated care**

Access to chiropractic, osteopathy, naturopathy, IV therapy and other modalities where your practitioner considers them appropriate.

- **Trained technician in the room**

Every HBOT hour supervised. Pre and post check-ins every time.

- **Ongoing review and adjustment**

Your pathway is monitored, reviewed, and adjusted as you progress. No lock-in.

Not All Hyperbaric Chambers Are the Same

If you are researching HBOT, the single most important thing to understand is that the chamber type determines what your body receives. Pressure, oxygen concentration, and delivery method all vary significantly between facilities.

Tier 1 — Soft-Shell

Pressure: 1.3 ATA maximum

O₂: 21-40% via mask or concentrator

Not used in peer-reviewed research

Tier 2 — Hard-Shell (O4L)

Pressure: Up to 3.0 ATA

O₂: 100% medical-grade via compressed cylinders

Used in published research at 2.0+ ATA

Tier 3 — Hospital-Grade

Pressure: Up to 6.0 ATA

O₂: 100% medical-grade

Multiplace chambers, hospital setting

OUR STANDARDS

● TGA-Registered Chambers

Sechrist Industries and Perry Baromedical hard-shell chambers (ARTG 148448 and ARTG 511953), Class IIb medical devices on the Australian Register of Therapeutic Goods.

● Medical-Grade Oxygen

100% medical-grade oxygen delivered from compressed cylinders to the chamber. Not the same as a concentrator delivering 90-95% through a mask.

● Research-Grade Pressure

Chambers pressurise up to 3 ATA. The UHMS defines HBOT as requiring 100% oxygen at 1.4 ATA or above. Most published studies use 2.0–3.0 ATA.

● Professional Supervision

People can respond differently to oxygen under pressure, and these metabolic changes require trained clinical oversight. Our team is trained to assist clients through these changes. A hyperbaric technician is in the room throughout, with pre and post check-ins every time.

What Your HBOT Pathway Is Likely to Look Like

Pricing is in Australian dollars and quoted by the hour at therapeutic pressure with medical-grade oxygen. What you are investing in is professional service and exceptional care, delivered by a team trained to support you through every hour. Current as at April 2026.

Getting Started

Initial Clinical Assessment	\$250 – \$300	Review of history, goals, eligibility
Orientation Trial Hour	\$240	Your first full chamber experience

HBOT Rates

Single Hour	\$250	Pay-as-you-go rate
-------------	--------------	--------------------

Program Bundles

10-Hour Starter Program	\$2,300	\$230 per hour, 8% saving
20-Hour Standard Program	\$4,300	\$215 per hour, 14% saving
40-Hour Extended Program	\$8,000	\$200 per hour, 20% saving

Your orientation trial is credited toward any 10+ hour program.

The \$240 trial fee is deducted from your program price when you go ahead.

PROGRAM GUIDANCE

- ✓ Most HBOT programs sit between 20 and 100 hours, depending on your situation.
- ✓ Your practitioner will recommend a specific program length during your assessment.
- ✓ Programs can be adjusted as you progress. There is no lock-in.
- ✓ Program investment typically falls between \$4,300 and \$20,000 across the full pathway.

HBOT Within a Wider Integrative Clinic

Oxygen4Life sits within Inspiring Choices, a fully integrative health clinic. Your pathway may include other services where your practitioner considers them appropriate. All services listed below are also available on their own.

These are sample prices for orientation and may vary slightly depending on individual needs and clinical recommendations.

Chiropractic

from \$200 per session

With Dr Reza Samvat, Functional Chiropractor

Osteopathic Medicine

from \$180 per session

With Dr Brian Fabien, Integrative Osteopath

Naturopathy

from \$180 per session

With Hanan Belkhair, Naturopath. Initial consult from \$280.

IV Therapy

from \$220 per session

HydraBoost \$220. Myers Cocktail \$315. NAD+ Infusion from \$470.

HOCATT Ozone Therapy

from \$190 per session

5-session pack \$750 | 10-session pack \$1,500

Lymphatic Enhancement (LET)

from \$120 per session

Full session \$240. 5-pack \$900 | 10-pack \$1,800

Shockwave Therapy

from \$150 per session

\$150 – \$300 depending on area treated. Men's Health from \$250, bundles available.

Brain Mapping & Neurofeedback

from \$200 per session

Neurotherapy from \$200. QEEG Brain Map \$550. Advanced QEEG with extended testing \$950.

Tap into the wisdom of our team

Some people come to us for a single service and know exactly what they need. That is a perfectly good way to begin. What we see work best is when clients allow our team to design the pathway — sequencing services across modalities in a way individual bookings cannot replicate. If you want to understand what an integrative approach might look like for your situation, speak with one of our team.

See the Patterns Before Building the Plan

Before designing a tailored pathway, our clinical team wants a baseline view of how your body is responding. DIRT (Digital InfraRed Thermal Scan) is a non-invasive, radiation-free assessment that uses infrared imaging to record surface temperature patterns across your body.

Thermal imaging reflects skin surface temperature and may be influenced by circulation, physiological activity, and tissue response. Areas of thermal asymmetry or variation give our practitioners a whole-body picture to work with when mapping out your care.

WHAT THE SCAN MAPS

- Surface temperature variation across body regions
- Thermal asymmetry between left and right sides
- Zones of elevated or reduced thermal activity
- Patterns that may reflect differences in circulation or physiological response
- A whole-body baseline that can be re-scanned over time to observe change

HOW IT SHAPES YOUR PATHWAY

- Helps the team see which areas of the body to prioritise
- Supports sequencing decisions: what to focus on first, what comes later
- Flags regions where another assessment might add value
- Adds a visual, whole-body layer to the clinical consultation
- Gives your practitioner more to work with than symptoms alone

DIRTS Investment

Full thermal scan with clinical interpretation \$480

Call (07) 5651 7343 to book

DIRTS is used for informational and observational purposes within your integrative pathway. It does not diagnose medical conditions and does not replace medical evaluation, mammography, ultrasound, MRI, or other diagnostic investigations. Individual responses vary, and no specific outcomes can be predicted or guaranteed.

Find Out If HBOT Is Right for You.

The eligibility assessment is a conversation, not a commitment. If HBOT is not the right fit for your situation, we will tell you directly.

Assess Your Eligibility

Call (07) 5651 7343 or visit oxygen4life.com.au

Our team will walk you through the process from your first call.

QUESTIONS TO ASK ANY HBOT FACILITY

- What type of chamber do you use (soft-shell or hard-shell)?
- What pressure level do you run at?
- Is your oxygen medical-grade from compressed cylinders, or from a concentrator?
- Is a trained technician in the room throughout every hour?
- Are your chambers registered on the ARTG as therapeutic goods?
- Is your eligibility assessment conducted in person, or by phone?
- Does an integrated clinical team sit behind the chamber, or is HBOT offered on its own?
- Can my program be adjusted as I progress, or am I locked into a fixed pack?
- Do you sequence HBOT alongside other services when clinically relevant?
- Will I have a dedicated patient liaison guiding me through my program?
- How many years has your facility been operating?

These questions help you compare facilities on what actually matters. We are happy to answer all of them.

Oxygen4Life

Part of Inspiring Choices Integrative Health Clinic

50A Fairway Drive, Clear Island Waters QLD 4226

info@inspiringchoices.com.au

(07) 5651 7343

HBOT at Oxygen4Life is delivered as an adjunctive service alongside your existing medical care. Individual responses vary, and no specific outcomes can be predicted or guaranteed. Pricing current as at April 2026 and subject to change.